



# The CENTRAL

Est. 1608

## Bar & Bistro

### Bar Snacks and Meals

#### Marinated Olives

Kalamata & Nocellara \*v,vg,gf  
served with Artisan Breads & Oils  
7

#### Lemon & Chilli Sardines

on Noa Bakehouse  
Toasted Farmhouse Bread  
with Lemon Chilli Jam  
7

#### Prawn Cocktail

with Paddy's Hot  
Smoked Salmon \*gf  
9

#### Charcuterie Board

Salami, Parma Ham & Chorizo  
9

#### Garlic & Pancetta Mushrooms

on toasted Noa Bakehouse Bread  
8

#### Cheese Board

Manx, Italian, Spanish & Swiss selection  
9

#### Italian Meatballs

in Napoli Sauce  
with Manx Vintage Cheddar  
10

#### Cajun Chicken

Chicken Supreme Strips  
in Cream of Cajun Sauce  
10

#### Cod Gougons

in gluten free  
Tempura Batter  
9

#### Moules Marinière

Bantry Bay Mussels  
in White Wine Cream & Garlic  
12

#### Manx Queen Scallops

with Pancetta,  
White Wine & Cream  
12

#### Halibut Steak

in Brown Butter & Caper Sauce  
14

#### Sea Bass Fillets

baked in Sweet Chilli Sauce  
14

#### Baked Camembert

with Tomato & Chilli Jam  
& Dipping Crisps  
9

#### Manx Fish Crumble

Smoked Haddock, Cod,  
Prawns & Salmon  
topped with  
Savoury Cheese Crumble  
11

#### Fillet Steak Mignon Povoire

with Brandy, Pepper  
& Mushroom Sauce  
14

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 The Central Bar and Bistro

[www.thecentral.im](http://www.thecentral.im)

**See Specials Boards for Catch of the Day**



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Est. 1608

*Bar & Bistro*

## Bar Snacks and Meals

### Sides

Fresh Spring Vegetable Selection	3.5
Staarvey Farm Salad	3.5
Homemade Chips	3.5
Bread Basket	3.5

### Desserts

Strawberry & Meringue Nests with Ice Cream	7
Sticky Toffee Pudding	7
Hot Chocolate Fudge Cake	7
Cheese & Biscuits	7

**See our Specials Board for  
more Desserts,  
Dessert Wines,  
Ports and a large Gin selection from Fynoderee to Whitley Neill**

### Coffees

Speciality French Press Coffee	2.5
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#### Opening Hours

Wednesday to Friday ~ 6pm till Midnight

Saturday ~ 4pm till Midnight

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